



Coimisiún um  
Iomaíocht agus  
Cosaint Tomhaltóirí

Competition and  
Consumer Protection  
Commission

## January Newsletter

Check out our latest news below, and remember, you can always follow us on social media to keep up with the latest consumer news. For specific queries and issues, please call our helpline, on Lo-call **1890 432 432** or **(01) 402 5555**



Have you tuned into How to be Good with Money? It's a new TV programme sponsored by CCPC that aims to help people take control of their money. Watch it on RTÉ One at 8:30pm on Thursdays

[Read more](#)

## Mortgage switching

Have you thought about switching? You could be in for significant savings if you can switch your mortgage or if you qualify for a lower interest rate with your current

lender. Check out our [mortgage comparisons](#) to see if you can save and find out more about what's involved in the switching process

[Read more](#)

## Tackling debt

If tackling debt is on your to-do list this year, we have a three step plan to help you on your way. Check out some of the ways you can proactively get back on track, or find out where you can go for more help

[Read more](#)

## Human capital

Many of us have insurance for things like car, home and health. But have you thought about protecting your income if you can't work because of illness? If you are thinking about protecting yourself, or your family, you can find out more about the different types of cover available

[Read more](#)

## Recent product recalls

Find out about recent product recalls relating to Lynx gift packs and Dacia, Toyota and Lexus cars. Check out the details in the product safety section on our website, or on our [Facebook page](#)

[Read more](#)



Visit [www.ccpic.ie](http://www.ccpic.ie) for free, expert information on your consumer rights and personal finance. Kind regards from all the team at the

Competition and Consumer Protection Commission.

Bloom House, Railway Street, Dublin 1, D01 C576

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