Weekly Spending Diary

Coimisiún um Iomaíocht agus Cosaint Tomhaltóirí | Competition and Consumer Protection Commission

Use this spending diary for a week to help you identify what you spend your money on. Keep receipts for each item you buy and enter the cost of the item in this weekly diary.

Monday	
Item	**Amount €**
Total €	

Tuesday	
Item	**Amount €**
Total €	

Wednesday	
Item	**Amount €**
Total €	

Thursday	
Item	**Amount €**
Total €	

Friday	
Item	**Amount €**
Total €	

Saturday & Sunday	
Item	**Amount €**
Total €	

Total Weekly Spend (Add Totals) €	