



## October Newsletter

Check out our latest news below, and remember, you can always follow us on social media to keep up with the latest consumer news. For specific queries and issues, please call our helpline, on Lo-call 1890 432 432



### Safety for the Spooky Season

Check out our safety tips when buying costumes, face paints and accessories for Halloween to avoid any harm or injury to your child..

[Read more](#)

### Can you save on your mortgage?

See if you could save on your mortgage by switching. Check if you are eligible and work out what potential savings you could make by switching...

[Read more](#)

## Avoid the snap of a subscription trap

Although you may be enticed by eye-catching offers online, make sure you know what you are signing up for. Check out our tips on how to avoid unwanted subscriptions...

[Read more](#)

## Turn the heat down on your energy bill

If you think you're paying over the odds for electricity or gas, consider switching to a new provider. We have information on how to go about switching and signing up to a service...

[Read more](#)

## Planning on booking accommodation soon?

Using a well-known travel comparison website may not always guarantee you the cheapest rate. Make sure you check out other avenues with the accommodation provider, such as over the phone, by email, or through their 'members only' section to get the best deal...

[Read more](#)

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Visit [consumerhelp.ie](http://consumerhelp.ie) for free, expert information on your consumer rights and personal finance. Kind regards from all the team at the Competition and Consumer Protection Commission.

PO Box 12585, Dublin 1

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